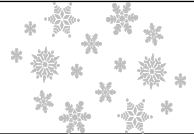
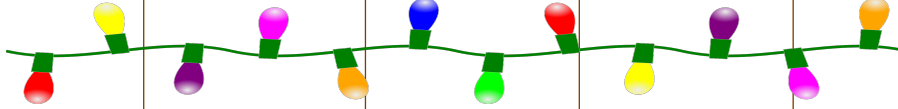


December 2022 Monroe Central Jr/Sr High School



MC Golden Bears



1
Pulled Pork Nachos
Refried Beans
Fresh Veggies
Fruit & Milk

2
Cook's Choice Entree
Cook's Choice Veggies
Fresh Veggies
Fruit & Milk

5
Baked Turkey & Gravy
Mashed Potatoes / Roll
Fresh Veggies
Fruit & Milk

6
Beef Nachos
Black Beans / Salsa
Fresh Veggies
Fruit & Milk

7
Chicken Patty/ WG Bun
Steamed Broccoli
Fresh Veggies
Fruit & Milk

8
Cheesy Breadsticks
Marinara Sauce /Carrots
Fresh Veggies
Fruit & Milk

9
Pizza
Corn
Fresh Veggies
Fruit & Milk

12
Quesadilla
Refried Beans /Salsa
Fresh Veggies
Fruit & Milk

13
Sausage Patty /Gravy
Biscuit/ Hashbrown
Fresh Veggies
Fruit & Milk

14
Rotini w/Garlic Bread
Side Salad
Fresh Veggies
Fruit & Milk

15
Hamburger /WG Bun
French Fries
Fresh Veggies
Fruit & Milk

16
Cook's Chocie Entree
Cook's Choice Veggies
Fresh Veggies
Fruit & Milk

19
Chicken Tenders
Baked Beans
Fruits
Milk

20
Pizza
Steamed Corn
Fruits
Milk



A PEANUT BUTTER SANDWICH OR CHEF SALAD WILL BE OFFERED DAILY INSTEAD OF THE MAIN ENTREE

Be sure to stop in and eat breakfast each morning Prices are \$0.30 for Reduced Eligibility and \$1.25 for Paid Eligibility

Lunch prices are \$0.40 for Reduced Eligibility and \$2.30 for Paid Eligibility

Menu item(s) are subject to change if item(s) are unavailable.

Fresh Fruits, Veggies and Juices choices