


November 2022 Monroe Central Jr/Sr High School



MC Golden Bears



	1 Pulled Pork Nachos Refried Beans Fresh Veggies Fruit & Milk	2 Sausage Patty /Gravy Biscuit/ Potato Wedges Fresh Veggies Fruit & Milk	3 Grilled Cheese Tomato Soup Fresh Veggies Fruit & Milk	4 NO SCHOOL for Students
7 Quesadilla /Salsa Black Bean & Corn Fiesta Fresh Veggies Fruit & Milk	8 Beef Nachos Refried Beans Fresh Veggies Fruit & Milk	9 Salisbury Steak /Gravy Mashed Potatoes Fresh Veg /Cornbread Fruit & Milk	10 Chicken Patty /WG Bun Steamed Broccoli Fresh Veggies Fruit & Milk	11 Pizza Side Salad Fresh Veggies Fruit & Milk
14 Chicken Nachos Steamed Corn Fresh Veggies Fruit & Milk	15 Cheesy Breadsticks Marinara Sauce/ Carrots Fresh Veggies Fruit & Milk	16 Baked Turkey & Gravy Mashed Potatoes /Roll Green Beans / Pie Fruit & Milk	17 Sloppy Joe /WG Bun Steamed Broccoli Fresh Veggies Fruit & Milk	18 Chicken Filet /WG Bun Baked Beans Fresh Veggies Fruit & Milk
21 Chicken Tenders Green Beans Fresh Veggies Fruit & Milk	22 Pizza Corn Fresh Veggies Fruit & Milk	  <h3 style="text-align: center;">HAPPY THANKSGIVING</h3>		
28 Hamburger /WG Bun French Fries Fresh Veggies Fruit & Milk	29 MC Sub Side Salad/ Baked Chips Fresh Veggies Fruit & Milk	30 Chicken & Noodles Mashed Potatoes Fresh Veggies / Roll Fruit & Milk		

A PEANUT BUTTER SANDWICH OR CHEF SALAD WILL BE OFFERED DAILY INSTEAD OF THE MAIN ENTREE

Be sure to stop in and eat breakfast each morning Prices are \$0.30 for Reduced Eligibility and \$1.25 for Paid Eligibility

Lunch prices are \$0.40 for Reduced Eligibility and \$2.30 for Paid Eligibility

Menu item(s) are subject to change if item(s) are unavailable.

Fresh Fruits, Veggies and Juices choices