

# September 2022 Monroe Central Jr/Sr High School



## MC Golden Bears



			1 Sloppy Joe /WG Bun Sweet Potato Fries Fresh Veggies Fruit & Milk	2 <b>No School PD Day</b>
5 <b>No School Labor Day</b>	6 School Pizza Steamed Corn Fresh Veggies Fruit & Milk	7 Chicken Nachos Corn & Salsa Fresh Veggies Fruit & Milk	8 Sausage Patty /Gravy Biscuit/Pota Wedges Fresh Veggies Fruit & Milk	9 Cook's Choice Entree Cook's Choice Veggie Fresh Veggies Fruit & Milk
12 Baked Chicken w/Gravy Mashed Potatoes Fresh Veggies Fruit & Milk	13 Turkey Sandwich Baked Beans Fresh Veggies Fruit & Milk	14 Cheesy Breadsticks w/Marinara Sauce Steamed Carrots Fresh Veggies Fruit & Milk	15 Chicken Tenders Green Beans Fresh Veggies Fruit & Milk	16 Pizza Romaine Side Salad Fresh Veggies Fruit & Milk
19 Hamburger / WG Bun French Fries Fresh Veggies Fruit & Milk	20 Cheese Quesadilla Refried Beans Fresh Veggies Fruit & Milk	21 Rotini w/Meat Sauce Green Beans Garlic Bread / Fruit Milk	22 Macaroni & Cheese Broccoli Fresh Veggies Fruit & Milk	23 Ham Sandwich Carrot Sticks & Dip Chips / Fresh Veggies Fruit & Milk
26 Spicy Chicken Sandwich Baked Beans Fresh Veggies Fruit & Milk	27 Pizza Romaine Side Salad Fresh Veggies Fruit & Milk	28 Baked Turkey /Gravy Mashed Potatoes Roll/ Fresh Veggies Fruit & Milk	29 MC Sub /WG Bun Baked Chips/SideSalad Fresh Veggies Fruit & Milk	30 Cook's Choice Entree Cook's Choice Veggie Fresh Veggies Fruit & Milk

A PEANUT BUTTER SANDWICH OR CHEF SALAD WILL BE OFFERED DAILY INSTEAD OF THE MAIN ENTREE

Be sure to stop in and eat breakfast each morning. Prices are \$0.30 for Reduced Eligibility and \$1.25 for Paid Eligibility

Lunch prices are \$0.40 for Reduced Eligibility and \$2.30 for Paid Eligibility

Menu item(s) are subject to change if item(s) are unavailable.

Fresh Fruits, Veggies and Juices choices