










October 2021 Monroe Central Jr/Sr High School

				1 Cheesy Breadsticks w/Marinara Sauce Carrots /Fresh Veggies Fruit & Milk
4 Chicken & Noodles Mashed Potatoes /Roll Fresh Veggies Fruit & Milk	5 Pizza Buttered Peas Fresh Veggies Fruit & Milk	6 Sausage w/ Gravy & Biscuit Tater Tots /Fresh Veg Fruit Milk	7 Hot Dog w/WG Bun Baked Chips Fresh Veggies /Corn Fruit & Milk	8 Cook's Choice Entree Cook's Choice Veggie Fresh Veggies Fruit Milk
11 Chicken Nachos Refried Beans Fresh Veggies Fruit & Milk	12 Mc Rib w/ WG Bun Carrots/Baked Chips Fresh Veggies Fruit & Milk	13 Baked Turkey & Gravy Mashed Potatoes /Roll Fresh Veggies Fruit & Milk	14 Sloppy Joe/ WG Bun French Fries Fresh Veggies Fruit & Milk	15 Pizza Romaine Side Salad Fresh Veggies Fruit & Milk
18 Virtual Learning Day	19 Virtual Learning Day	20 NO SCHOOL Enjoy Fall Break!	21 NO SCHOOL Enjoy Fall Break!	22 NO SCHOOL Enjoy Fall Break!
25 Hamburger /WG Bun Sweet Potato Fries Fresh Veggies Fruit & Milk	26 Quesadilla Fiesta Corn Fresh Veggies Fruit & Milk	27 Chicken & Noodles Mashed Potatoes /Roll Fresh Veggies Fruit & Milk	28 Chicken Tenders Green Beans Fresh Veggies Fruit & Milk	29 Cheesy Breadsticks w/Marina Sauce Broccoli Fruit & Milk
				

A PEANUT BUTTER SANDWICH OR CHEF SALAD WILL BE OFFERED DAILY INSTEAD OF THE MAIN ENTREE

Fresh Fruits & Veggies are offered on the daily menu also

Menu item(s) are subject to change if item(s) are unavailable

**FREE
BREAKFAST &
LUNCH for ALL
students until
further notice!**