









# November 2020 Monroe Central Jr/Sr High School

|   |   |  |  |   |
|---|---|--|--|---|
|  |  |   |   |   |
| 2<br>Chicken Strips<br>Corn<br>Fruit<br>Milk                                      | 3<br>Grilled Cheese<br>Tomato Soup<br>Fruit<br>Milk                               | 4<br>Chicken Nachos<br>Refried Beans<br>Fruit<br>Milk                              | 5<br>Hot Dog<br>Fresh Veggies & Dip<br>Baked Chips<br>Fruit & Milk                 | 6<br>Mac & Cheese<br>Green Beans<br>Fruit<br>Milk                                   |
| 9<br>BBQ Pork<br>Baked Beans<br>Fruit<br>Milk                                     | 10<br>Pizza<br>Broccoli & Dip<br>Fruit<br>Milk                                    | 11<br>Chicken & Noodles<br>Mashed Potatoes<br>Hot Roll<br>Fruit & Milk             | 12<br>Walking Taco<br>Lettuce/Cheese/Salsa<br>Fruit<br>Milk                        | 13<br>Corn Dog<br>Carrot Sticks & Dip<br>Fruit<br>Milk                              |
| 16<br>Chicken Patty Sandwich<br>Green Beans<br>Fruit<br>Milk                      | 17<br>Cheesy Breadsticks<br>w/Marinara Sauce<br>Carrots<br>Fruit & Milk           | 18<br>Turkey & Gravy<br>Mashed Potatoes<br>Roll/Dessert<br>Fruit & Milk            | 19<br>Rotini w/Meat Sauce<br>Garlic Toast<br>Broccoli<br>Fruit & Milk              | 20<br>Beef Nachos<br>Black Bean/Corn Salsa<br>Fruit<br>Milk                         |
| 23<br>Salisbury Steak & Gravy<br>Mashed Potatoes<br>Cornbread<br>Fruit & Milk     | 24<br>Cheeseburger<br>French Fries<br>Fruit<br>Milk                               |  |  |  |
| 30<br>Cheese Quesadilla<br>Corn<br>Marinara Sauce<br>Fruit & Milk                 |   |  |  |   |

A PEANUT BUTTER SANDWICH OR CHEF SALAD WILL BE OFFERED DAILY INSTEAD OF THE MAIN ENTREE

Menu item(s) are subject to change if item(s) are unavailable

**BREAKFAST is FREE** for all students starting at 7:45 am until further notice!

**FREE LUNCH** for ALL students until further notice!