






# October 2020 Monroe Central Jr/Sr High School

|   |   |   |   |   |
|---|---|---|---|---|
|  |  |  |  |  |
|   |   |   | 1<br>Chicken Nachos<br>Corn<br>Fruit<br>Milk  | 2<br>Grilled Cheese<br>Tomato Soup<br>Fruit<br>Milk                                 |
| 5<br>Hot Dog<br>Baked Beans<br>Baked Chips<br>Fruit & Milk                        | 6<br>Pizza<br>Broccoli & Dip<br>Fruit<br>Milk                                     | 7<br>Chicken & Noodles<br>Mashed Potatoes<br>Hot Roll<br>Fruit & Milk             | 8<br>Walking Taco<br>Lettuce/Cheese/Salsa<br>Fruit<br>Milk                          | 9<br>Mini Corn Dogs<br>Carrot Sticks & Dip<br>Fruit<br>Milk                         |
| 12<br>Chicken Patty Sandwich<br>Green Beans<br>Fruit<br>Milk                      | 13<br>Cheesy Breadsticks<br>w/Marinara Sauce<br>Carrots<br>Fruit & Milk           | 14<br>Spaghetti & Meat Sauce<br>Garlic Bread/Side Salad<br>Fruit<br>Milk          | 15<br>Baked Turkey & Gravy<br>Mashed Potatoes/Roll<br>Fruit<br>Milk                 | 16<br>Beef Nachos<br>Refried Beans<br>Fruit<br>Milk                                 |
| 19<br>Virtual Learning Day<br>P/T Conferences<br>No Meal Service                  | 20<br>Virtual Learning Day<br>P/T Conferences<br>No Meal Service                  | 21<br>Fall Break<br>No School<br>ENJOY!   | 22<br>Fall Break<br>No School<br>ENJOY!   | 23<br>Fall Break<br>No School<br>ENJOY!   |
| 26<br>Cheese Quesadilla<br>Corn/Marinara Sauce<br>Fruit<br>Milk                   | 27<br>Cheeseburger<br>French Fries<br>Fruit<br>Milk                               | 28<br>Salisbury Steak & Gravy<br>Cornbread/Green Beans<br>Fruit<br>Milk           | 29<br>Rotiniw/Meat Sauce<br>Garlic Toast/Broccoli<br>Fruit<br>Milk                  | 30<br>Chicken Nuggets<br>Baked Beans<br>Fruit<br>Milk                               |

*A PEANUT BUTTER SANDWICH OR CHEF SALAD WILL BE OFFERED DAILY INSTEAD OF THE MAIN ENTREE*

Menu item(s) are subject to change if item(s) are unavailable

**BREAKFAST is FREE** for all students starting at 7:45 am until further notice!

**FREE LUNCH** for ALL students until further notice!